Supporting Self-Care at the System Level

Building a Resilient Workforce to Address Trauma and Enhance Well-Being
Welcome

National Child Welfare Workforce Institute
LEARNING, LEADING, CHANGING
Centering and Acknowledgements
Agenda

Discussion with **Dr. Annette Semanchin Jones** | PhD Program Director and Associate Professor at the University at Buffalo School of Social Work

- Small Group Discussions
- Large Group Takeaways
- Closing
Small Group Discussions

- Make space for all voices to be heard
- Embrace creativity and originality
- Listen actively and be fully present
- Stay curious about the range of viewpoints
Small Group Discussions

- Introduce yourself and share one “aha” from the conversation
- Select your reporter, the person whose first name starts with the letter closest to “A”
- Select your facilitator, the person whose first name starts with the letter closest to “Z”
Discussion Questions

Share your experiences of how self-care has contributed to your resiliency. What supports did your program offer you?

What has your program done or what could it do to proactively support self-care?

What is in place in your program that links self-care to diversity, equity, and inclusion?
Large Group Takeaways

National Child Welfare Workforce Institute | Building a Resilient Workforce
Resources

Self-Care Starter Kit
Team Decision-Making
Effective Supervision
Racial Justice Network
Join Us!

- **April 29, 2021**: Providing Operational Workforce Supports
- **May 26, 2021**: Leveraging Key Partnerships
- **June 23, 2021**: Understanding Moral Distress
- **July 26, 2021**: Supporting Self-Care at the System Level
- **August 24, 2021**: Connecting to Cultural Ways
CHILD WELFARE WORKER APPRECIATION WEEK & RECOGNITION EVENT

We'll be celebrating YOU! Save the date to join us on Tuesday, September 14, 2021, at 3 pm ET to be inspired, energized, and renewed!

You bring the snacks and we'll provide the entertainment!

Learn more about Child Welfare Workforce Development Month: NCWWI.org/CWworkforce

#WeAreChildWelfare

Register Now
Evaluation

Please fill out the evaluation.

We are always learning and growing and want to meet your needs.

Please tell us how we can continue to improve!
Contact Info for Our Facilitators:

Sharon Kollar | skollar@albany.edu

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Thank You!

Join us for the next session:

Connecting to Cultural Ways

August 24, 2021

Register Here