Supporting children and families in your community: You can make a difference.

Short on time? These actions take just a few minutes.

- Check out this NCWWI infographic to learn how child welfare workers support families, youth, and children.
- Add our #WeAreChildWelfare Facebook frame to your profile picture.
- Do you have a personal story of positive experiences with foster care or child welfare? Share your story! You can also post a video or message on our site.

Have time to spare? These actions take a little more time but will have a greater impact.

- Volunteer in your community. Volunteer Match can connect you with a local organization.
- Do you know new parents, foster parents, or a neighbor who is struggling?
  - Offer to help with errands, supplies for a school project, or an hour of babysitting to give them a break.
  - Coordinate a meal sign-up calendar or a school carpool.
  - Offer lightly-used children's clothes and toys.
- Organize a block party so families can meet one another.
- Get to know the children in your neighborhood and ask how they're doing.

Want to make a bigger commitment?

- Become a social worker. Learn more from the National Association of Social Workers, the Council on Social Work Education, or contact your local school of social work to see if they have a child welfare specialization.
- Become a resource parent (also called kinship, foster, or adoptive parent) or provide respite care to children and youth. Contact your local child welfare agency to learn more.
- Mentor a young person in your community. The National Mentoring Partnership can connect you to a local program.
- Advocate for children as a Court Appointed Special Advocate (CASA) or Guardian Ad Litem (GAL). Learn more from the National Court Appointed Special Advocate Association.