Supporting children and families in your community: <u>You</u> can make a difference.

Short on time? These actions take just a few minutes.
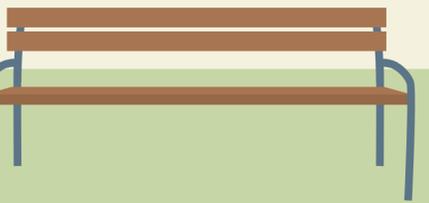
Check out this **NCWWI infographic** to learn how child welfare workers support families, youth, and children.

Add our **#WeAreChildWelfare Facebook frame** to your profile picture.

Review this **Prevention Resource Guide** to learn what you can do to support children and families in your community.

Do you have a personal story of positive experiences with foster care or child welfare? Share your story! You can also **post a video or message on our site.**

Able to donate? **Contact your local child welfare agency** to learn about the current needs of families.

Have time to spare? These actions take a little more time but will have a greater impact.

Volunteer in your community. **Volunteer Match** can connect you with a local organization.

Do you know new parents, foster parents, or a neighbor who is struggling?

- Offer to help with errands, supplies for a school project, or an hour of babysitting to give them a break.
- Coordinate a meal sign-up calendar or a school carpool.
- Offer lightly-used children's clothes and toys.

Organize a block party so families can meet one another.

Get to know the children in your neighborhood and ask how they're doing.

Want to make a bigger commitment?

Become a social worker. Learn more from the **National Association of Social Workers,** the **Council on Social Work Education,** or contact your local school of social work to see if they have a child welfare specialization.

Become a resource parent (also called kinship, foster, or adoptive parent) or provide respite care to children and youth. **Contact your local child welfare agency** to learn more.

Mentor a young person in your community. **The National Mentoring Partnership** can connect you to a local program.

Advocate for children as a Court Appointed Special Advocate (CASA) or Guardian Ad Litem (GAL). Learn more from the **National Court Appointed Special Advocate Association.**

National Child Welfare Workforce Institute
LEARNING, LEADING, CHANGING

Children's Bureau

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