Supporting children and families in your community: **You can make a difference.**

**Short on time? These actions take just a few minutes.**

- **Check out this NCWWI infographic** to learn how child welfare workers support families, youth, and children.
- **Add our #WeAreChildWelfare Facebook frame** to your profile picture.
- **Do you have a personal story of positive experiences with foster care or child welfare?** Share your story! You can also **post a video or message on our site.**

**Have time to spare? These actions take a little more time but will have a greater impact.**

- **Volunteer in your community.** Volunteer Match can connect you with a local organization.
- **Do you know new parents, foster parents, or a neighbor who is struggling?**
  - Offer to help with errands, supplies for a school project, or an hour of babysitting to give them a break.
  - Coordinate a meal sign-up calendar or a school carpool.
  - Offer lightly-used children’s clothes and toys.

- **Organize a block party so families can meet one another.**
- **Get to know the children in your neighborhood and ask how they’re doing.**

**Want to make a bigger commitment?**

- **Become a social worker.** Learn more from the National Association of Social Workers, the Council on Social Work Education, or contact your local school of social work to see if they have a child welfare specialization.
- **Become a resource parent (also called kinship, foster, or adoptive parent) or provide respite care to children and youth.** Contact your local child welfare agency to learn more.
- **Mentor a young person in your community.** The National Mentoring Partnership can connect you to a local program.
- **Advocate for children as a Court Appointed Special Advocate (CASA) or Guardian Ad Litem (GAL).** Learn more from the National Court Appointed Special Advocate Association.

**Able to donate?** Contact your local child welfare agency to learn about the current needs of families. **https://bit.ly/3jrBCFD**

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Review this Prevention Resource Guide to learn what you can do to support children and families in your community.

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