

ACTIVITY | The Sunny Side: Strengths Assessment



GOAL | To assess strengths within your organization so you understand areas that are lacking and/or build capacity in the long-term.



RELEVANT FOR

- Executive
- Middle Manager
- Supervisor
- Caseworker



DESCRIPTION | Consider your strengths and what you bring to your team, division, and/or organization.

Perhaps even consider assessing strengths for your entire team, which could include taking a formal strengths assessment, such as [StrengthsFinder](#), Predictive Index, or [Straight Talk](#) (free online assessment).

What are your strengths?

How do they show up in your work?

In what areas could you improve your skills?

Devise a plan to build upon your strengths and build your own capacity and implement the plan. For team assessments, consider the following:

- What are the strengths of your team?
- What are the implications for these strengths?
- What strengths could your team add to balance the team?

Work with the team to develop and implement a plan to build capacity.



MORE INFO

[Strengths-Based Teams](#)