

STUDENT AND ALUMNI MONTHLY DIGEST



May 2023

Celebrating the Success of Brittani Candioto

After attaining her associate's degree in Native American Studies, Brittani Candioto, a Muscogee (Creek) Nation citizen, graduated from the University of Oklahoma Tulsa with her bachelor's (2021) and master's (2022) degrees in Social Work. She has also earned the Social Work with American Indians Graduate Certificate. Brittani was presented with the opportunity to become an NCWWI stipend recipient for both of her social work degrees, which she took full advantage of. Brittani was grateful to be able to graduate with no student loans and begin her career in a profession she loves.

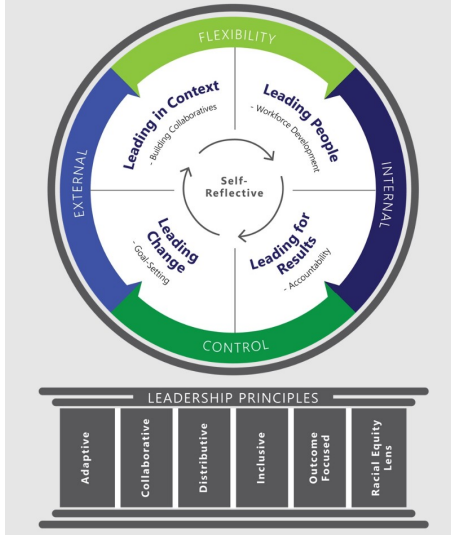


[Read more about Brittani's keys to success](#) - this link is wrong! Still under construction.

Leadership Development: Progress in Your Child Welfare Career

NCWWI offers a Leadership Tool Kit, with a Leadership Competency Framework that provides child welfare professionals at all levels opportunities to develop and practice their leadership skills. This can be extremely helpful if you are looking to develop your leadership skills, or would like to help your staff or mentees to develop their leadership skills.

The framework is based on values-based



principles and is woven into each competency. These values include:

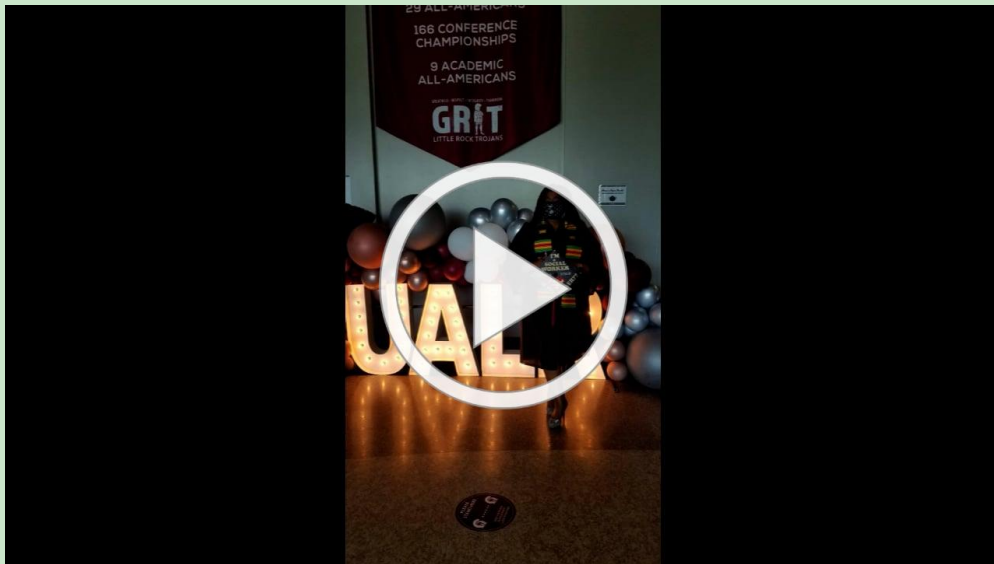
- **Adaptive:** Leaders have the capacity to deal with the constantly changing world, giving up practices that no longer work and learning new ways of dealing with challenges.
- **Inclusive:** Leaders welcome different perspectives from all stakeholders
- **Distributive:** Staff at all levels have opportunities to demonstrate leadership.
- **Collaborative:** Leaders focus on a common purpose with internal and external stakeholders
- **Outcome Focused:** Leaders use data to

inform decisions

- **Racial Equity Lens:** Leaders intentionally examine and improve policies, practices, programs, and organizational culture so that race no longer determines outcomes.

In the coming months, we will dive into the framework and the competencies needed to build leadership skills. In the meantime, check out our [FREE Leadership Self-Assessment Tool](#) to reflect on your own leadership strengths and areas for growth and [learn more about how to use the leadership tool kit!](#)

Congratulations Graduates!!!



The Wellness Corner Workplace Mental Health and Well-being

The Surgeon General offers a framework for Workplace Mental Health and Well-Being. This framework emphasizes the well-being of workers, centering worker voice and equity within the workplace.

Worker well-being can only be achieved by intentionally supporting workers and creating an environment where all can thrive. The Surgeon General's framework includes five essentials:

- **Protection from harm**
 - **Safety** - Physical and psychological
 - **Security** - Financial and job
- **Connection and Community**
 - **Social Supports** - Networks and relationships that offer positive interactions
 - **Belonging** - Being accepted as a member of the group
- **Work-Life Harmony**
 - **Autonomy** - The control a worker has over when, where, and how they do their work
 - **Flexibility** - The ability of workers to work when and where is best for them
- **Mattering at Work**
 - **Dignity** - The sense of being respected and valued
 - **Meaning** - Sense of broader purpose and significance of one's work
- **Opportunity for Growth**
 - **Learning** - Acquiring new skills and knowledge in the workplace
 - **Accomplishment** - Outcome of meeting goals and having impact



[Learn more about the Surgeon General's Framework for Workplace Mental Health and Well-Being](#)

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Check Out Our [Student & Alumni Web Page](#)
(Please Note: You must sign in to see the webpage)

OR

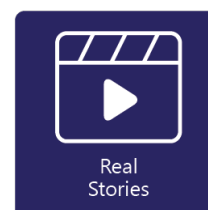
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